
Breakfast

Served until 12:00 - Daily

Full English Breakfast **R69**

Bacon, egg, tomato, mushroom, pork/beef sausage, toast and chips

Plain Omelette on 2 slices of toast **R39**

Any 2 fillings **R24**

Quicky Brekkie **R37**

2 Eggs, 2 bacon, 2 Toast and tomato

Savoury Mince on Toast **R55**

Savoury mince on 2 slices of toast topped with a perfectly fried egg

Eggs Benedict **R74**

2 perfectly poached eggs sandwiched between parma ham and crispy bacon, drizzled with Hollandaise sauce, served on a toasted English muffin

Banting Brekkie **R69**

2 perfectly poached eggs with bacon and avo, served on toasted banting bread

No Carb **R62**

Scrambled egg, mushroom, Camembert cheese, cheddar cheese and crispy bacon

Mediterranean Omelette **R64**

3 eggs omelette topped with stuffed mushrooms, tomato, peppers and feta cheese

Gent Crunch **R69**

French toast filled sandwiched with ham, white cheddar cheese and bechamel sauce

Hot Drinks

Espresso	R16
Double Espresso	R18
Americano	R19
Cappuccino	R21
Decadent Hot Chocolate	R22
Peppermint Crisp	R24
Red Espresso Cappuccino	R24
Red Espresso Hazelnut Cappuccino	R22
Dilmah Organic Rooibos Tea	R20
Dilmah Ceylon Tea	R19

Salads

Chicken & Bacon Salad	R74
Grilled chicken, and crispy bacon served on a fresh green salad with honey and mustard dressing	
Tavern Salad	R74
Grilled chicken, avo and feta on a fresh green salad	
Tartare Salad	R49
Diced tomato, cucumber, red onion, avo served with crispy toast	
Caprese Salad	R44
Tomato stacked with mozzarella cheese and drizzled in basil pesto	

Snacks & Specials

- Chilli Poppers** R 16
Jalapeno peppers stuffed with cheese and bacon
- Chicken Cordon Bleu** R 79
Crumbed chicken breast stuffed with ham and mozzarella cheese, served with fries
- Steak, Egg & Chips** R105
200gr Fillet steak topped with eggs of your choice and served with chips
- Buffalo Wings** R 79
- Honey Chilli Chicken** R 74
Crispy chicken strips drenched in a honey chilli sauce, served with fries
- BBQ Ribs** 500g R120 1kg R209
Pork ribs in a sweet BBQ sauce served with chips
- Nachos Grande** R 75
Tortilla chips smothered in cheddar, Salsa, Guacamole and sour cream
- Fish n Chips** R 85
Deep fried hake fillet served with chips and tartare sauce
- Tagli Steak** R105
Grilled beef fillet, thinly sliced on a bed of home made tagliatelle, and covered in a fresh creamy mushroom sauce

Platters

- Seafood Platter** R154
Tempura fish fillet, crumbed prawn cutlets, crumbed squid rings, tempura surimi bite, crumbed surimi scallop. Served with tartare sauce
- Meat Platter** R229
Chicken skewers, pork ribs, beef fillet strips and barbeque wings

Burgers

All of our burgers and 200g pure steak patties & are served with thick chunky chips. Don't be shy to create your own burger using any of our ingredients. Just enquire with your waiter. Burgers can be substituted for lamb or chicken at no extra cost

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|---|-------------|
| Plain Jane | R59 |
| 200g seasoned pure steak patty topped with fresh tomato and lettuce and mayo | |
| The BBM | R87 |
| 200g pure steak patty topped with bacon, blue cheese and mushrooms | |
| Cheese and Bacon Burger | R79 |
| Nuff said | |
| Dirty Burger | R84 |
| 200g pure steak patty topped with bacon, egg and mushroom | |
| Mexican Burger | R89 |
| 200g pure steak patty topped with salsa, guacamole and crunchy nachos | |
| Beast and his Chick | R104 |
| Triple decker burger buns sandwich: chicken burger topped with feta and a beef burger topped with deep fried onions | |
| Rock n Roll | R89 |
| Grilled chicken breast topped with bacon, avo & feta | |
| Veg Burger | R55 |
| Grilled aubergine topped with mozzarella & sliced tomato | |
| The All American | R92 |
| 200g patty topped with rich cheddar, fried onion rings, crispy bacon, lettuce and tomato | |
| MCB | R89 |
| 200g pure steak patty topped with bacon, cheese and gherkin drizzled in a tangy cocktail sauce | |
| BJ Burger | R89 |
| 200g pure steak patty topped with thick cut mozzarella cheese and home made bacon jam relish | |
| Hawaiian Burger | R89 |
| 200g pure steak patty topped with grilled bacon, cheddar and pineapple ring | |
| Beef and Rib Burger | R99 |
| 200g pure steak patty topped with grilled pork belly rib fresh off the bone | |

Pizza

Garlic Pita	R 34
Garlic Chita	R 44
Margarita	R 59
Tomato base with fresh mozzarella & Italian herbs	
Regina	R 82
Tomato base with fresh mozzarella, ham & mushroom	
Hawaiian	R 82
Tomato base with fresh mozzarella, bacon & pineapple	
Mediterranean	R 82
Tomato base topped with mozzarella, feta, peppers, mushrooms & garlic	
Meatlovers	R 94
Tomato base with fresh mozzarella, bacon, ham & Salami	
From the Sea	R 99
Tomato base, mozzarella, fresh hake, mushrooms & onions	
Calzone	R 94
A folded pizza pie stuffed with tomato, mozzarella, ham & mushroom	
Mexicana	R 99
Tomato base, fresh mozzarella, bacon, pepper, chicken, pineapple & cheddar	
Taverna	R 94
Tomato base, mozzarella, salami, ham, Jalapeno, mushroom	
Chicken Tikka	R 99
Tomato base, fresh mozzarella, spicy chicken tikka, mushrooms and mixed peppers	
Sweet Chilli Chicken	R 89
Tomato base topped with fresh mozzarella, chicken & drizzled with a sweet chilli sauce	
The Rock	R 94
Tomato base topped with fresh mozzarella, bacon, avo, feta, rocket leaves	
Al Capone	R 99
Tomato base topped with fresh mozzarella, cheddar, savoury mince, bacon, jalapeno peppers	
The Full Monty	R139
Tomato base topped with fresh mozzarella, savoury mince, beef strips, beef sausage, green peppers, onions, black olives and herbs	

Create your own pizza

With any of our available ingredients. Get creative...

Sandwiches

Sandwiches & Wraps are served on freshly toasted pita, brown or white bread and served with fries or salad

Cheese & Tomato	R 47
Bacon, Feta & Cheddar	R 55
Cristo Sarmie	R 52
Toasted bread with cheese and ham	
Chicken Mayo	R 64
Club Sandwich	R 59
Tangy chicken and bacon mayonnaise and cheese	
Dagwood	R 89
200g pure beef patty topped with bacon, egg, cheese, lettuce and tomato sandwich in between toast of your choice	
Create your own Sandwich	R 69
With any 3 fillings	
Chicken Wrap	R 59
Grilled chicken, fresh tomato, lettuce leaves and a sweet chilli mayo	
Chicken and Feta	R 65
Grilled chicken wrapped in a flour tortilla stuffed with lettuce tomato, feta and avo	
Classic Baguette	R 69
Crispy baguette stuffed with parma ham, salami, sliced cheddar, rocket & onion	
Basil Pesto Flat Bread	R 59
Avo, feta, tomato, rocket, garlic and balsamic vinegar served on a crispy home made flat bread	

Sides

Crumbed Mushrooms R59

Fried Onion Rings R 29

Plate of Chips R 29

Sweet Potato Fries R 35

Sauces R 15

Mushroom, Pepper, Cheese

Banting

Banting meals are served with sweet potato fries or green salad

Halloumi Stack **R99**

200g Pure steak patty stacked with halloumi cheese and avocado and red onion served with Sweet potato fries

Banting Brekkie Burger **R99**

200g Pure steak patty topped with bacon, egg, and a cheddar slice drenched in mushroom sauce

The Greek Steak **R99**

Slithers of sirloin steak served with feta, cucumber and fresh tomato drizzled with olive oil and balsamic vinegar

Banting Pizza **R97**

Tomato base topped with fresh mozzarella, bacon, avo, rocket and banting sauce

For the Nippers

Chicken Nuggets and Chips **R39**

Kiddies Pizza with any 1 topping **R39**

Milkshake **R16**

Dessert

Please ask for today's flavours of ice cream

Ice Cream Waffle **R49**

With 2 scoops of gourmet ice cream

Ice Cream **R49**

4 scoops of Gourmet ice cream

Cheese Cake Per Slice **R49**

Cup of Cake **R49**

Freshly made chocolate cake, served in a coffee cup with vanilla ice cream on the side

Dom Pedro **R39**

Irish Coffee **R39**

WHITE WINE

	gls	btl
House White	R26	R75
‘the beachhouse’ Sauvignon Blanc		R109
<p>A light and refreshing palate teaser packed with sunny tropical passion fruit and pineapple fruit invigorated by a citrus twang and lively lemon and lime surge on the dry frisky finish.</p>		
Franschhoek Cellar ‘Statue de Femme’ Sauvignon Blanc		R119
<p>A classic Sauvignon Blanc with expressive aromas of tropical fruit, white pear and citrus balanced by a graceful fresh acidity and tantalizing finish.</p>		
Graham Beck Waterside Chardonnay		R119
<p>Pale straw with hints of green on the edge. Vibrant freshness and an explosion of tropical fruit and ripe citrus on the nose with underlying yellow stone fruit tones. Juicy entry with a light-bodied palate which finishes with a zesty lime twist.</p>		
Boschendal Rachel’s Chenin Blanc		R119
<p>A classy uncomplicated unwooded wine packed with ripe melon, peach and passion fruit on the palate that precedes a penetrating fresh finish of pure primary fruit.</p>		
Pear Tree White by Bellingham		R109
<p>Bursts of tropical pineapple, passion fruit and honey melon, an engaging wine of great balance finishing with freshness and lively fruit.</p>		

PINK WINE

'the beachhouse' Rosé

btl

R109

This perfect anytime social sipper is pretty and pink packed with cascading crushed strawberry, candy floss and rose petal flavours in perfect balance with a discreetly sweet yet feisty fresh finish.

Berry Bush Rosé by Bellingham

R104

Bursting with enticing crushed red berry, candied red apple and rosewater aromas, finish with a lively dry fruity flourish.

RED WINE

House Red

gls

R26

btl

R75

Franschhoek Cellar 'Baker Station' Shiraz

R165

Intriguing pepper and spice as well as juicy black fruit with pleasing ripe tannin meatiness supported by attractive oak spice with a lip smacking smooth finish.

Franschhoek Cellar 'The Old Museum' Merlot

R165

A sleek and succulent Merlot with attractive fleshy plum, red cherry and fruitcake flavours that linger long and smooth.

Big Oak Red by Bellingham

R119

Succulent black and blue fruit flavours brushed with dark chocolate and spice flavours, smooth textured tannins and a vibrant juicy finish.

MORE RED WINE

Douglas Green Merlot

R119

Lush medium-bodied wine oozing cranberry and ripe red cherry flavours and friendly tannins layered by earthy mineral and spice nuances.

Douglas Green Cabernet Sauvignon

R119

Full-bodied wine with flavours of cassis and ripe black berries supported by ripe silky tannins and tinged with vanilla oak.

Brampton Shiraz

R169

Shades of black and blue berry succulence against a spicy oak background that is mouth-filling and textured yet smoothly contoured and satisfying leaving a lasting impression.

WINE BY THE GLASS

Pear Tree White by Bellingham

gls
R 32

Expressive ripe pineapple, passion fruit and honey melon from Chenin Blanc tinged with graceful peach and orange blossom from Viognier.

Berry Bush Rosé by Bellingham

R 32

This gorgeous wine is packed with juicy summer berry fruit character right through to a tantalising dry cherry finish.

Big Oak Red by Bellingham

R 34

This smooth and balanced blend combines the stately blackcurrant fruit intensity of Cabernet Sauvignon with succulent mulberry and spice of Shiraz.

BUBBLY

- Boschendal Brut NV** btl
R 359
- Enticing lemon cream and almond biscotti precedes a soft explosion of zesty lemon and orange peel that finishes with appealing length and freshness.
- Franschhoek Cellar Brut Rosé NV** R 359
- Light gold with the playfulness of delicate bubbles. Gentle citrus notes of tropical fruit, a well-versed rich mouthfeel with detectable minerality, good balance and a seamless finish.
- Graham Beck Vintage Blanc de Blanc** R 580
- Rich yeasty aromas with hints of clean lime fruit on the nose. An exciting fine mousse and a creamy complexity on the palate.
- Moet & Chandon NV** R1450
- Delicious sumptuousness of white-fleshed fruits, alluring caress of fine bubbles. Vivacity of citrus fruit and nuances of gooseberry.
- Moet & Chandon Rosé NV** R1650
- Juicy, persistent intensity of berries, fleshiness and firmness of peach and freshness of a subtle note of menthol.

WEEKLY SPECIALS

DAILY DRINK SPECIALS

4 Jagermeisters & 1 Red Bull

R90

2 Double Brandy & Coke

R57

Double Vodka & Red Bull

R45

2 Double Whiskey & Coke

R57