
Breakfast

Served until 12:00 - Daily

Full English Breakfast	R65
Bacon, egg, tomato, mushroom, pork/beef sausage, toast and chips	
Plain Omelette on 2 slices of toast	R34
Any 2 fillings extra	
	R24
Quicky Brekkie	R37
2 Eggs, 2 bacon, 2 Toast and tomato	
Eggs Benedict	R74
2 perfectly poached eggs sandwiched between parma ham and crispy bacon, drizzled with Hollandaise sauce, served on a toasted English muffin	
Banting Brekkie	R59
2 perfectly poached eggs with bacon and avo, served on toasted banting bread	
No Carb	R62
Scrambled egg, mushroom, Camembert cheese, cheddar cheese and crispy bacon	
Mediterranean Omelette	R59
3 eggs omelette topped with stuffed mushrooms, tomato, peppers and feta cheese	

Hot Drinks

Espresso	R16
Double Espresso	R18
Americano	R19
Cappuccino	R21
Decadent Hot Chocolate	R22
Peppermint Crisp	R24
Red Espresso Cappuccino	R24
Red Espresso Hazelnut Cappuccino	R22
Dilmah Organic Rooibos Tea	R20
Dilmah Ceylon Tea	R19

Salads

Chicken & Bacon Salad	R74
Grilled chicken, and crispy bacon served on a fresh green salad with honey and mustard dressing	
Tavern Salad	R74
Grilled chicken, avo and feta on a fresh green salad	
Tartare Salad	R49
Diced tomato, cucumber, red onion, avo served with crispy toast	
Caprese Salad	R44
Tomato stacked with mozzarella cheese and drizzled in basil pesto	

Snacks & Specials

Chilli Poppers		R 16^{ea}
Jalapeno peppers stuffed with cheese and bacon		
Chicken Cordon Bleu		R 79
Crumbed chicken breast stuffed with ham and mozzarella cheese, served with fries		
Steak, Egg & Chips		R 99
200gr Fillet steak topped with eggs of your choice and served with chips		
Buffalo Wings		R 79
Honey Chilli Chicken		R 69
Crispy chicken strips drenched in a honey chilli sauce served with fries		
BBQ Ribs	500g R120	1kg R209
Pork ribs in a sweet BBQ sauce served with chips		
Nachos Grande		R 69
Tortilla chips smothered in cheddar, Salsa, Guacamole and sour cream		
Fish n Chips		R 75
Deep fried hake fillet served with chips and tartare sauce		
Tagli Steak		R 99
Grilled beef fillet, thinly sliced on a bed of home made tagliatelle, and covered in a fresh creamy mushroom sauce		

Platters

Seafood Platter	R139
Tempura fish fillet, crumbed prawn cutlets, crumbed squid rings, tempura surimi bite, crumbed surimi scallop. Served with tartare sauce	
Meat Platter	R199
Chicken skewers, pork ribs, beef fillet strips and barbeque wings	

Burgers

All of our burgers and 200g pure steak patties & are served with thick chunky chips. Don't be shy to create your own burger using any of our ingredients. Just enquire with your waiter. Burgers can be substituted for lamb or chicken at no extra cost

Plain Jane R55

200g seasoned pure steak patty topped with fresh tomato and lettuce and mayo

The BBM R84

200g pure steak patty topped with bacon, blue cheese and mushrooms

Cheese and Bacon burger R79

Nuff said

Dirty burger R79

200g pure steak patty topped with bacon, egg and mushroom

Mexican Burger R84

200g pure steak patty topped with salsa, guacamole and crunchy nachos

Beast and his Chick R99

Triple decker burger buns sandwich: chicken burger topped with feta and a beef burger topped with deep fried onions

Rock n Roll R84

Grilled chicken breast topped with bacon, avo & feta

Veg Burger R55

Chargrilled Aubergine topped with grilled mozzarella cheese and tomato slices

The All American R89

200g patty topped with rich cheddar, fried onion rings, crispy bacon, lettuce and tomato

MCB R84

200g pure steak patty topped with bacon, cheese and gherkin drizzled in a tangy cocktail sauce.

BJ Burger R89

200g pure steak patty topped with thick cut mozzarella cheese and our home made bacon jam relish

Bacranberry Burger R84

200g pure steak patty topped with bacon, chorizo and cranberry sauce



Pizza

Garlic Pita	R 34
Garlic Chita	R 44
Margarita Tomato base with fresh mozzarella & Italian herbs	R 55
Regina Tomato base with fresh mozzarella, ham & mushroom	R 79
Hawaiian Tomato base with fresh mozzarella, bacon & pineapple	R 79
Mediterranean Tomato base topped with mozzarella, feta, peppers, mushrooms & garlic	R 79
Meatlovers Tomato base with fresh mozzarella, bacon, ham & Salami	R 89
From the Sea Tomato base, fresh mozzarella, prawn, tuna & feta	R 99
Calzone A folded pizza pie stuffed with tomato, mozzarella, ham & mushroom	R 89
Mexicana Tomato base, fresh mozzarella, bacon, pepper, chicken, pineapple & cheddar	R 99
Taverna Tomato base, mozzarella, salami, ham, Jalapeno, mushroom	R 89
Sweet Chilli Chicken Tomato base topped with fresh mozzarella, chicken & drizzled with a sweet chilli sauce	R 89
Our Land Tomato base topped with fresh mozzarella, BBQ chicken, ham, sweet corn & Italian herbs	R 89
The Rock Tomato base topped with fresh mozzarella, bacon, avo, feta, rocket leaves	R 94
Sicilly Tomato base topped with fresh mozzarella, fresh tomato, onion, black olives and pesto	R 79
Al Capone Tomato base topped with fresh mozzarella, cheddar, savoury mince, bacon, jalapeno peppers	R 99
The Full Monty Tomato base topped with fresh mozzarella, savoury mince, beef strips, beef sausage, green peppers, onions, black olives and herbs	R129

Create your own pizza

With any of our available ingredients. Get creative...

Sandwiches & Wraps

Sandwiches & Wraps are served on freshly toasted pita, brown or white bread and served with fries or salad

Cheese & Tomato	R 47
Bacon, Feta & Cheddar	R 55
Cristo Sarmie Toasted bread with cheese and ham	R 52
Club Sandwich Tangy chicken and bacon mayonnaise and cheese	R 59
Create your own Sandwich With any 3 fillings	R 69
Chicken Wrap Grilled chicken, fresh tomato, lettuce leaves and a sweet chilli mayo	R 59
Chicken and Feta Grilled chicken wrapped in a flour tortilla stuffed with lettuce tomato, feta and avo	R 65
Gents Crunch French toast filled sandwiched with ham, white cheddar cheese and bechamel sauce	R 69
Veg Baguette Crispy baguette stuffed with fresh tomato, rocket, white cheddar, gherkins & red onion	R 59
Classic Baguette Crispy baguette stuffed with parma ham, salami, sliced cheddar, rocket & onion	R 69
Basil Pesto Flat Bread Avo, feta, tomato, rocket, garlic and balsamic vinegar served on a crispy home made flat bread	R 59
Panfried Beef Flat Bread Avo, feta, rocket, beef fillet, mushrooms and balsamic vinegar served on a crispy home made flat bread	R134
Tangy Chicken Flat Bread Tomato, BBQ chicken, feta, rocket, sweet chilli mayo and balsamic vinegar served on a crispy home made flat bread	R 79

Sides

Fried Onion Rings	R 23
Plate of Chips	R 23
Sweet Potato Fries	R 29
Sauces Mushroom, Pepper, Cheese	R 12

Banting

**Banting meals are served with sweet potato fries
or green salad**

Halloumi Stack	R94
200g Pure steak patty stacked with halloumi cheese and avocado and red onion served with Sweet potato fries	
Banting Brekkie Burger	R94
200g Pure steak patty topped with bacon, egg, and a cheddar slice drenched in mushroom sauce	
The Greek Steak	R94
Slithers of sirloin steak served with feta, cucumber and fresh tomato drizzled with olive oil and balsamic vinegar	
Banting Pizza	R90
Tomato base topped with fresh mozzarella, bacon, avo, rocket and banting sauce	
All the Way	R95
Banting bun filled with 200gr pure steak patty, cream cheese and halloumi cheese served with sweet potato fries.	

For the Nippers

Chicken Nuggets and Chips	R39
Kiddies Pizza with any 1 topping	R39
Milkshake	R16

Dessert

Please ask for today's flavours of ice cream

Ice Cream Waffle	R49
With 2 scoops of gourmet ice cream	
Ice Cream	R49
4 scoops of gourmet ice cream	
Malva Pudding	R49
Served with ice cream or custard	
Chocolate Mud Pie	R49
Served with ice cream	
Dom Pedro	R39
Irish Coffee	R39